

Jan-25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 8:00am Sculpt 9:15am UpBeat 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone/Shred Vanessa B	3 5:15am Pump Christy 8am Sculpt Deborah 9:15 High Reagan 12pm Yoga Ashley	4 9am RIPPED Lauren 10am Pump Lauren 11am Zumba Vanessa B
5	6 8am Sculpt Deborah 9:15am Pump Kayla 12pm Yoga Angie 5:30pm Pump Eric 6:30pm Cardio Attack Eric	7 9:15am High Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone & Shred Vanessa B	8 5:15am Pump Sharon 8am Sculpt Ashley 9:15am SWEAT Reagan 12pm Yoga Deborah 5:30pm Pump Eric 6:30pm Cardio Attack Eric	9 9:15am UpBeat Barre Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone/Shred Vanessa B	10 5:15am Pump Christy 8am Sculpt Deborah 9:15 High Reagan 12pm Yoga Ashley	11 9am Cardio Eric
12 2pm BootCamp Launch Party	13 5:15am BootCamp 8am Sculpt Deborah 9:15am Pump Kayla 12pm Yoga Angie 5:30pm Pump Eric 6:30pm Cardio Attack Eric	14 9:15am High Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone & Shred Vanessa B	15 5:15am BootCamp 8am Sculpt Ashley 9:15am SWEAT Reagan 12pm Yoga Deborah 5:30pm Pump Eric 6:30pm Cardio Attack Eric	16 9:15am UpBeat Barre Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone/Shred Vanessa B	17 5:15am BootCamp 8am Sculpt Deborah 9:15 High Reagan 12pm Yoga Ashley	18 10am Pump Eric 11am Private Event
19	20 5:15am BootCamp 8am Sculpt Deborah 9:15am Pump Kayla 12pm Yoga Angie 5:30pm Pump Eric 6:30pm Cardio Attack Eric	21 9:15am High Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone & Shred Vanessa B	22 5:15am BootCamp 8am Sculpt Ashley 9:15am SWEAT Reagan 12pm Yoga Deborah 5:30pm Pump Eric 6:30pm Cardio Attack Eric	23 9:15am UpBeat Barre Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone/Shred Vanessa B	24 5:15am BootCamp 8am Sculpt Deborah 9:15 High Reagan 12pm Yoga Ashley	25 9am Cardio Eric 10am Pump Lauren
26	27 5:15am BootCamp 8am Sculpt Deborah 9:15am Pump Kayla 12pm Yoga Angie 5:30pm Pump Eric 6:30pm Cardio Attack Eric	28 9:15am High Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone & Shred Vanessa B	29 5:15am BootCamp 8am Sculpt Ashley 9:15am SWEAT Reagan 12pm Yoga Deborah 5:30pm Pump Eric 6:30pm Cardio Attack Eric	30 9:15am UpBeat Barre Tish 12pm Yoga Vanessa 5:30pm Zumba Vanessa B 6:30pm Tone/Shred Vanessa B	31 5:15am BootCamp 8am Sculpt Deborah 9:15 High Reagan 12pm Yoga Ashley	
		Notes: Angie- \$10, 10 class punch card \$50 Christy- \$3 Eric- \$5 Lauren-\$3 Sharon-\$3 Vanessa B- \$5 Ashley- \$10, 10 class punch card \$50, first class free Deborah-\$10, see for punch cards Kayla- \$5 Reagan- \$5, see for punch card Tish-\$5, see for monthly rates Vanessa I- \$5				