2018 ZACH'S CLUB GROUP FITNESS SCHEDULE

7105 KEWANEE AVE 806-368-9954 ZACHSCLUB.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:45AM-10:45AM BARRE BRITNEY	**9:30AM-10:30AM** BARRE AMEE	**9:30AM-10:30AM** PILATES RUTH	**9:30AM-10:30AM** RIP PUMP AMEE		**9:30AM-10:30AM** RIP PUMP Rotating Instructor	
	10:30AM-11:15AM TABATA AMEE				**10:30AM-11:30AM** HIP HOP SHELLI	
12:00PM-12:45PM YOGA CAITY		**12:00PM-12:45PM** YOGA ANGIE				
	4:30PM-5:30PM INSANITY DANA		**4:30PM-5:30PM** INSANITY DANA			
5:30PM-6:30PM SCULPT AND TONE DANA	**5:30PM-6:30PM** RIP PUMP ERIC	**5:30PM-6:30PM** IGNITE KATELYN	**5:30PM-6:30PM** BARRE BRITNEY			
6:30PM-7:150PM HIP HOP SHELLI	**6:30PM-7:15PM** CARDIO ATTACK ERIC	**6:30PM-7:15PM** HIP HOP KAETLYN	**6:30PM-7:15PM** CARDIO ATTACK ERIC			
C	**Y**	**C**	**L**	**I**	**N**	**G**
5:15AM-6:15AM PELOTON CYCLING ON DEMAND	**5:15AM-6:15AM** ZACH'S CLUB CYCLING CHRISTY	**5:15AM-6:15AM** PELOTON CYCLING ON DEMAND	**5:15AM-6:15AM** ZACH'S CLUB CYCLING AMBER	**5:15AM-6:15AM** ZACH'S CLUB CYCLING AMBER		
9 :30AM-10:30AM ZACH'S CLUB CYCLING SARA						
PELOTON CYCLING AVAILABLE	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**