ZACH'S CLUB GROUP FITNESS SCHEDULE 2018

7105 KEWANEE AVENUE ZACHSCLUB.COM 806-368-9954

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:45AM-10:45AM BARRE BRITNEY	**9:30AM-10:30AM** BARRE IBEY	9:30AM-10:30PM HIP HOP SHELLI	**9:30AM-10:30AM** RIP PUMP RUTH	**9:30-10:30** YOGA JAILEE	**9:30AM-10:30AM** RIP PUMP Rotating Instructor	
					10:30AM-11:30AM HIP HOP SHELLI	
12:00PM-12:45PM YOGA CAITY		**12:00PM-12:45PM** YOGA ANGIE				
	4:30PM-5:30PM TABATA DANA		4:30PM-5:30PM TABATA DANA			
5:30PM-6:30PM SCULPT AND TONE DANA	**5:30PM-6:30PM** RIP PUMP ERIC	**5:30PM-6:30PM** IGNITE KATELYN	**5:30-6:30** RIP PUMP TRENTON			
6:30PM-7:150PM HIP HOP SHELLI	**6:30PM-7:15PM** CARDIO ATTACK ERIC	**6:30PM-7:15PM** HIP HOP KAETLYN	**6:30PM-7:15PM** CARDIO ATTACK ERIC			
C	**Y**	**C**	**L**	**I**	**N**	**G**
5:15AM-6:15AM PELOTON CYCLING ON DEMAND	**5:15AM-6:15AM** ZACH'S CLUB CYCLING CHRISTY	**5:15AM-6:15AM** PELOTON CYCLING ON DEMAND	**5:15AM-6:15AM** ZACH'S CLUB CYCLING AMBER	**5:15AM-6:15AM** ZACH'S CLUB CYCLING AMBER		
PELOTON CYCLING AVAILABLE	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**	**PELOTON CYCLING AVAILABLE**